More Opportunities Within Your Reach

Adapt and Grow helps you stay agile to take on new career opportunities.

In 2017, over 25,000 Singaporeans found jobs through Adapt and Grow. Embark on your journey today!

Learn more at adaptandgrow.sg
Visit any of WSG's Careers Connect
Drop by for a chat at our events or roadshows

Brought to you by:

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Information accurate as at Dec 2018
Adapt and Grow is an initiative by Workforce Singapore to help Singaporeans adapt to changing job demands, re-skill for new careers, and stay agile for new opportunities.

The programmes and career resources under Adapt and Grow are available online and at WSG’s Careers Connect / NTUC’s e2i centres across Singapore. It aims to help you in three key areas.

1. Adapt to new career opportunities
   - Receive professional career advice from certified Career Coaches
   - Get the latest career information and gain industry insights
   - Boost your interview techniques and skills through career workshops and events

2. Grow your career potential
   - Professional Conversion Programmes (PCPs)
     - Pick up new skills and switch to new careers in over 30 growing sectors
   - Career Trial
     - Try out a new career for 1-3 months to see if it’s the right fit
   - P-Max
     - Explore career opportunities and learn how to take on a new role in over 1,300 SMEs
   - Career Support Programme
     - Access PMET jobs paying $3,600 or more*

3. Step up your career search
   - Better match to jobs that are relevant to your skills set
   - MyCareersFuture.sg A smarter way to search
   - Find jobs with Government support

How will it benefit me?

Match your skills to a new career
Reskill and explore new careers with good growth opportunities

*Jobseekers must meet qualifying criteria.