

## Looking for a job? Want to switch careers or reskill yourself?

The Adapt and Grow initiative helps Singaporeans adapt to changing job demands and grow their skills.



Explore job  
opportunities



Tap on programmes  
to increase career  
options



Access career  
matchmaking services

Look for career and employment assistance at  
these Career Centres:



### Operating Hours

Monday to Friday: 9:00 am - 5:00 pm  
Saturday: 9:00 am - 1:00 pm  
Sunday & Public Holiday: Closed

### WSG Career Centre @ Paya Lebar

11 Eunos Road 8  
#02-02 Lifelong Learning Institute  
Singapore 408601  
Nearest MRT: Paya Lebar

### WSG Career Centre @ Tampines

Our Tampines Hub  
#01-21 Public Service Centre  
51 Tampines Avenue 4  
Singapore 529684  
Nearest MRT: Tampines

### WSG Career Centre @ Woodlands

900 South Woodlands Drive  
#04-07 Woodlands Civic Centre  
Singapore 730900  
Nearest MRT: Woodlands

 [www.wsg.gov.sg](http://www.wsg.gov.sg)  6883 5885



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### e2i west

Devan Nair Institute for  
Employment and Employability  
80 Jurong East St 21, Level 2  
Singapore 609607  
Nearest MRT: Jurong East

### e2i central

HDB Hub Bizthree  
490 Lorong 6 Toa Payoh  
#07-11 (Lift Lobby 1)  
Singapore 310490  
Nearest MRT: Toa Payoh

 [www.e2i.com.sg](http://www.e2i.com.sg)  6474 0606

 Adapt & Grow

# HELPING SINGAPOREAN WORKERS STAY EMPLOYED



# YOUR CAREER JOURNEY BEGINS HERE!

The Adapt and Grow initiative helps Singaporeans adapt to changing job demands and grow their skills.



## PLAN YOUR CAREER

Understand yourself, explore your job options and fine-tune your plan.

[www.jobsgov.sg](http://www.jobsgov.sg)  
An online job matching portal for Singaporeans



## STAY ADAPTABLE

- Keep a positive mindset
- Consider alternative careers



## DEVELOP NETWORKS

Stay in touch with your contacts to keep up with industry trends and increase your chances of meeting potential employers.

## PROFESSIONALS, MANAGERS, EXECUTIVES AND TECHNICIANS (PMETS)

### CAREER SUPPORT PROGRAMME

For Singapore Citizen PMETs to take on new jobs paying \$3,600 or more.



### P-MAX

Explore career opportunities with Small and Medium Enterprises (SMEs). Benefit from workshops and progressive HR practices to adapt to the working environment in an SME.



### PROFESSIONAL CONVERSION PROGRAMME

Reskill and switch careers to take on new jobs in growing sectors! You will receive 70% - 90% in course fee subsidy.



## RANK-AND-FILE WORKERS

### RESKILLING FOR JOBS - WORK TRIAL

Take on a short-term work trial to increase your chances of getting employed, and receive up to \$5,100.



### PLACE-AND-TRAIN PROGRAMMES

Secure a job and receive relevant training.

